

Mind Reading Mother Mends Morbid Molestations

By Ulrich Kramer

Bernadette, my client, 38 year old, a schoolteacher, doesn't feel secure regarding her position in life. She feels pushed around a lot and doesn't know how to take a stand. This insecurity is the core item of our session. Its precise wording is: "I feel that I'm not present when it's happening."

This is the first session day, five hours have passed. Bernadette has been recalling a number of incidents when she felt insecure and how that was triggered in each particular case. The session is intense, her emotional participation strong. She starts to comprehend the pattern she has been following all her life. A breakthrough to the underlying trauma when the feeling of not being present was originally laid in is to be expected any moment.

Just then Bernadette focuses on her son Christopher's odd behaviour after returning from a holiday with his father half a year ago. Christopher is five years old. The father, Herbert, has left Bernadette when he found out that she was pregnant but despite that claimed the right to have a relationship with his son. This was granted to him by the local Youth Welfare Office. Father and son regularly take time out with each other, this time it was a one-week holiday in the mountains.

After this particular holiday Christopher playfully went through the motions of certain games which his father seemed to have had with him whilst they were away. To Bernadette they appeared to be sexual molestations. She reported it to the Youth Welfare Office. The father was called in, denied it all, and threatened to take legal action against Bernadette because of slander. Bernadette backed off as she didn't like her son to be drawn into a court case, and of course because "she hadn't been present when it was happening" – the precise pattern we are in the process of finding the cause of.

I ask Bernadette if she can see any mental images in context with those holiday happenings. She does. First haltingly, then they come in an even flow. She sees the scenes of Herbert, the father, enticing Christopher into permitting his penis and buttocks to be kissed, amongst other things. This was viewed from the perspective of Christopher as if the camera was in his head. Apparently Bernadette, through her intense concern with whatever might have happened to her son, had "downloaded" the incident telepathically from him.

This very significant session part took only 1 hr 45 min. In the end Bernadette was definite about the authenticity of what she saw. She felt firm, at ease emotionally, and determined to take action. For the first time in her life she consulted a lawyer to defend her viewpoint. In the end the father admitted to have done what she had seen in her mind's eye and with that, Bernadette's "mind reading" was confirmed. Herbert was sentenced to break off all contacts with his son.

At a later session the traumatic incident causing Bernadette's life pattern of "I'm not present when it's happening" was found, made conscious, and stripped of its emotional tensions.